

## WATER RESISTANT

Your new watch is a water-resistant watch. Check the marking on the back of the watch, find below the relevant usage recommendation.

- **Water Resistant 3ATM or 30M (100 Feet)**  
Shall withstand splashes of water while washing the hand. But should not be worn while swimming or diving.
- **Water Resistant 5ATM or 50M (165 Feet)**  
Suitable for showering or swimming in shallow water.
- **Water Resistant 10ATM or 100M (330 Feet)**  
Suitable for swimming, snorkeling, but should not be worn while scuba diving.
- **Diver's 20ATM or 200M (660 Feet)**  
Meets the higher requirements of water resistant and suitable for scuba diving.  
We don't recommend swimming or diving with your watch unless it has a screw down crown and is water resistant to at least 10ATM or 100 Meters)

## GENERAL CARE FOR A WATER RESISTANT WATCH

- DO NOT OPERATE ANY BUTTONS WHEN THE WATCH IS WET OR IN WATER.
- DO NOT WEAR THE WATCH IN A HOT SHOWER OR SAUNA. EXTREME HEAT CAN DAMAGE THE WATCH.
- AFTER USE IN SALT WATER OR CONTACT WITH SAND OR MUD, RINSE THE WATCH IN A STREAM OF FRESH WATER AND DRY IT WITH SOFT CLOTH.
- LEATHER STRAPS ARE MORE EASILY DAMAGED BY FREQUENT EXPOSURE TO WATER. AFTER EVERY USE IN WATER, WIPE THE STRAP WITH A SOFT CLOTH, TO IMPROVE THE LIFE OF THE STRAP.

### IMPORTANT

**YOUR WATCH IS EQUIPPED WITH A MECHANICAL MOVEMENT. THIS CAN BE CHARGED EITHER BY HAND WINDING OR BY AUTO-WINDING.**

**(BY THE MOVEMENT OF THE ARM OR BY THE WATCH WINDER).**

# STÜHRLING ORIGINAL



## INSTRUCTION MANUAL - B AUTOMATIC MOVEMENT

### CAUTION

**DO NOT USE THE QUICK DATE FUNCTION BETWEEN 21:00 HRS AND 4:00 HRS, AS IT WILL DAMAGE THE INTERNAL PARTS OF THE MOVEMENT.**

**(Applicable for ALL versions)**

## 2 HANDS OR 3 HANDS DISPLAY **A**



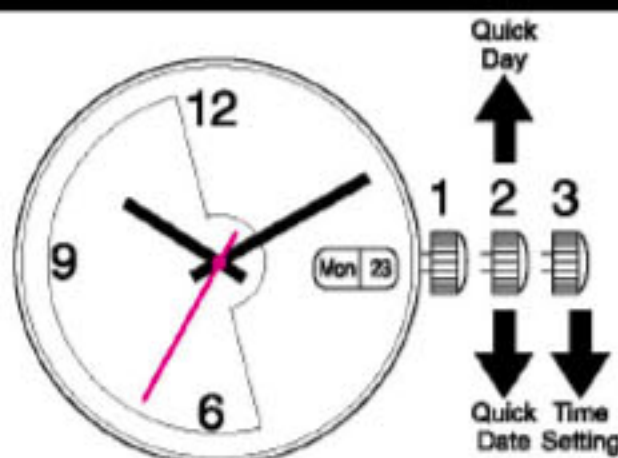
**POSITION 1**  
Movement Winding Position

**POSITION 2**  
Time Setting

- Gently pull the Crown to this position.
- Rotate the Crown backward to set the Time.
- The watch stops in this position.

**Note:**  
For watches with Multi Time Zone, please refer instruction detail A or B.

## 2 HANDS OR 3 HANDS WITH DATE OR DAY-DATE DISPLAY **B**



**POSITION 1**  
Movement Winding Position

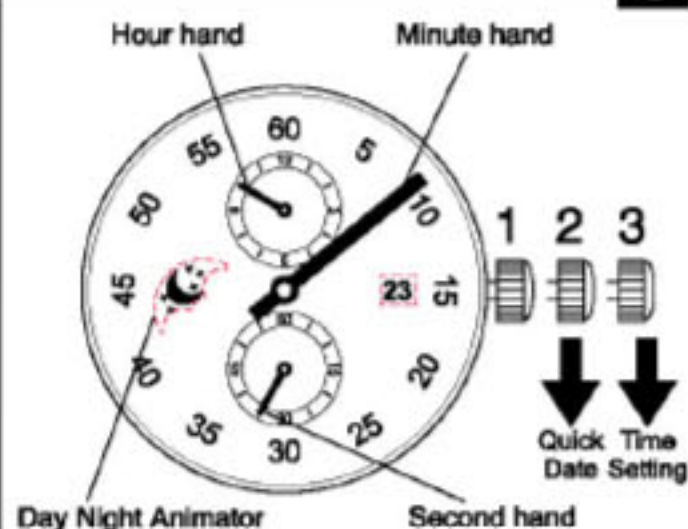
**POSITION 2**  
Quick Date / Day Change

- Gently pull the Crown to this position.
- Rotate the Crown backward to set the Date.
- Rotate the Crown forward to set the Day.

**POSITION 3**  
Time Setting

- Gently pull the Crown to this position.
- Rotate the Crown backwards to set the Time.
- The watch stops in this position.

## REGULATOR (WITH SUN & MOON) **C**



**POSITION 1**  
Movement Winding Position

**POSITION 2**  
Quick Date / Day Change (optional)

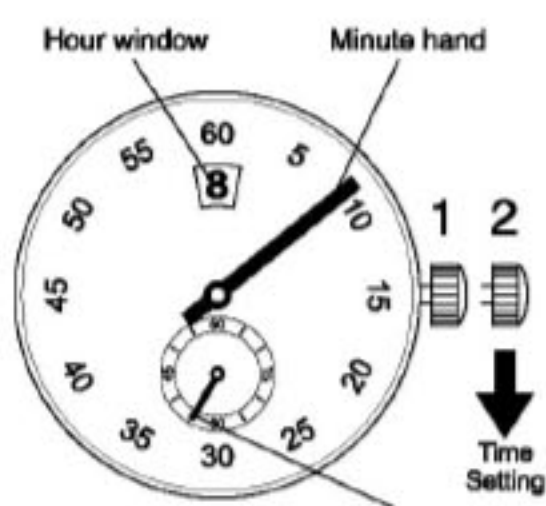
- Gently pull the Crown to this position.
- Rotate the Crown backward to set the Date.

**POSITION 3**  
Time Setting

- Gently pull the Crown to this position.
- Rotate the Crown backwards to set the Time.
- The watch stops in this position.

**(Optional features shown in red color.)**

## JUMPING HOUR **D**

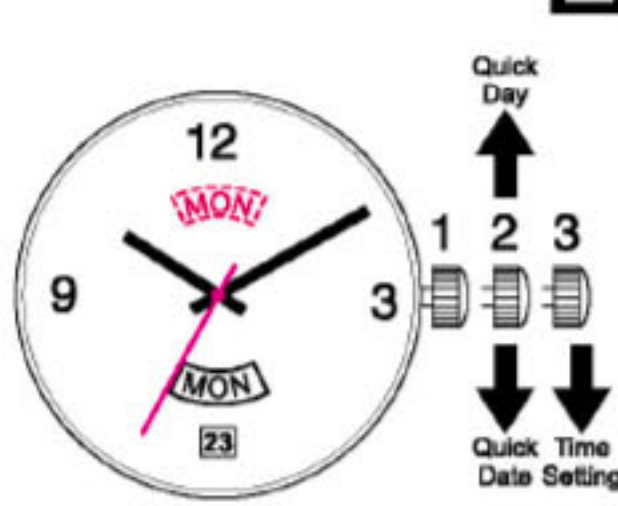


**POSITION 1**  
Movement Winding Position

**POSITION 2**  
Time Setting

- Gently pull the Crown to this position.
- Rotate the Crown backward to set the Time.
- The watch stops in this position.

## SMILING DAY **E**



**POSITION 1**  
Movement Winding Position

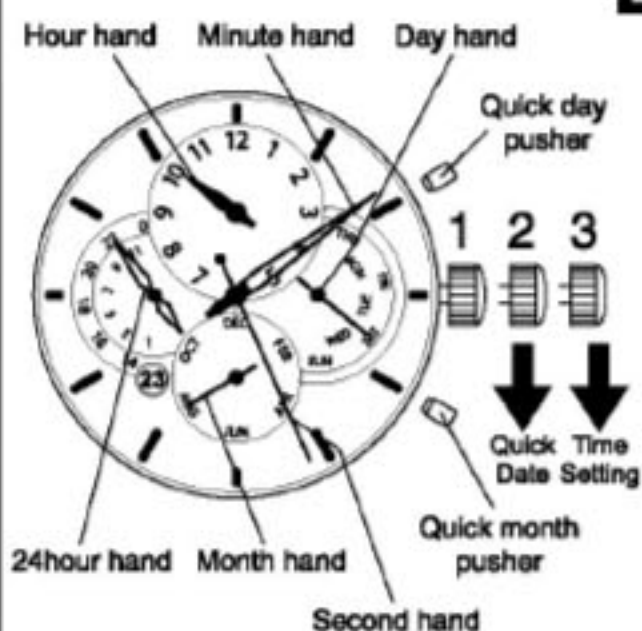
**POSITION 2**  
Quick Date / Day Change

- Gently pull the Crown to this position.
- Rotate the Crown backward to set the Date.
- Rotate the Crown forward to set the Day.
- The watch stops in this position.

**POSITION 3**  
Time Setting

- Gently pull the Crown to this position.
- Rotate the Crown backwards to set the Time.
- The watch stops in this position.

## REGULAR MULTIFUNCTION **F**



**POSITION 1**  
Quick Day Pusher

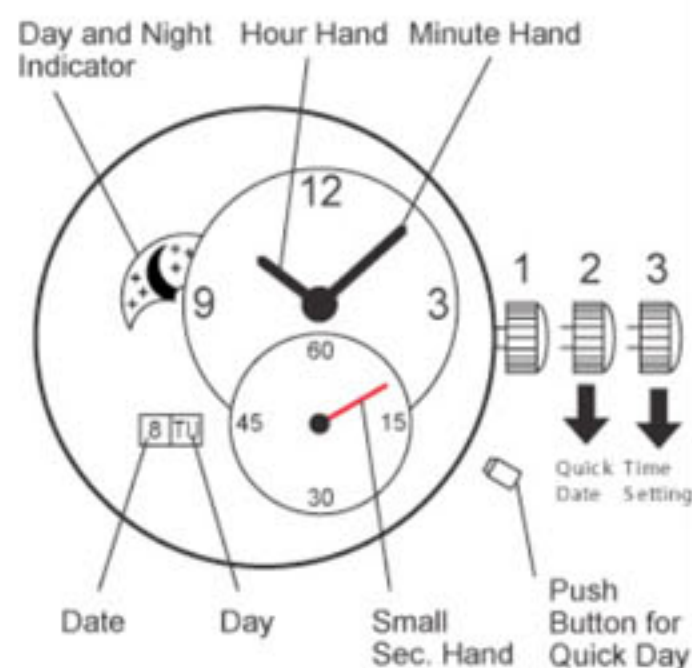
- Press button to set the day. For each press the day advances by one day.

**Quick Month Pusher**

- Press button to set the month. For each press the month advances by one month.

**(For Quick Date Setting and Time Setting, please follow the REGULATOR's instruction)**

## WATCH DISPLAY



- DAY NIGHT INDICATOR ROTATES ALONG WITH THE HOUR HAND.  
- DO NOT OPERATE THE QUICK DATE SETTING DURING 21:00HRS - 4:00HRS AS IT WILL DAMAGE THE DATE MECHANISM OF THE MOVEMENT.